



We Are The Difference! 2016



=Shaping Brighter Futures

SHAPINGBRIGHTERFUTURES.ORG

Helping Hands, Inc. Annual Newsletter



Change is "the act, process or result of making different." It's inevitable and over the years Helping Hands had to change from an agency that only served as a refuge for abused children to one that serves families, both on and off campus. The process wasn't easy, but becoming different never is.

Not only have we adapted, but we are in the business of helping things and people change, too! Just like the children and families we serve, we are resilient. Our staff is committed to doing the things that make a difference. This means cultivating new partnerships and sustaining existing ones; it means changing how we approach challenges and uncertainty; the way we motivate youth and their families to be better - the way we help.

Although we have evolved, there is something that remains consistent: our staff and volunteers (you) are the heart and soul of Helping Hands! Together, WE are the reason that this agency has withstood almost 45 years of change and still makes a positive impact on our community and its children. Together, WE help youth and families live better lives. Together, WE invest everything into caring for our children. Together, WE ARE THE DIFFERENCE!

PLACEMENT BY COUNTY

Grand Total Counties: 19 counties utilized services & 171 children placed in 2015



Aiken County (34)
Allendale County (1)
Anderson County (1)
Bamberg County (2)
Barnwell County (1)
Colleton County (1)
Edgefield County (2)
Fairfield County (1)
Greenville County (10)
Greenwood County (8)
Kershaw County (5)
Laurens County (5)
Lexington County (30)
McCormick County (2)
Newberry County (4)
Pickens County (2)
Richland County (54)
Saluda County (2)
Spartanburg County (1)



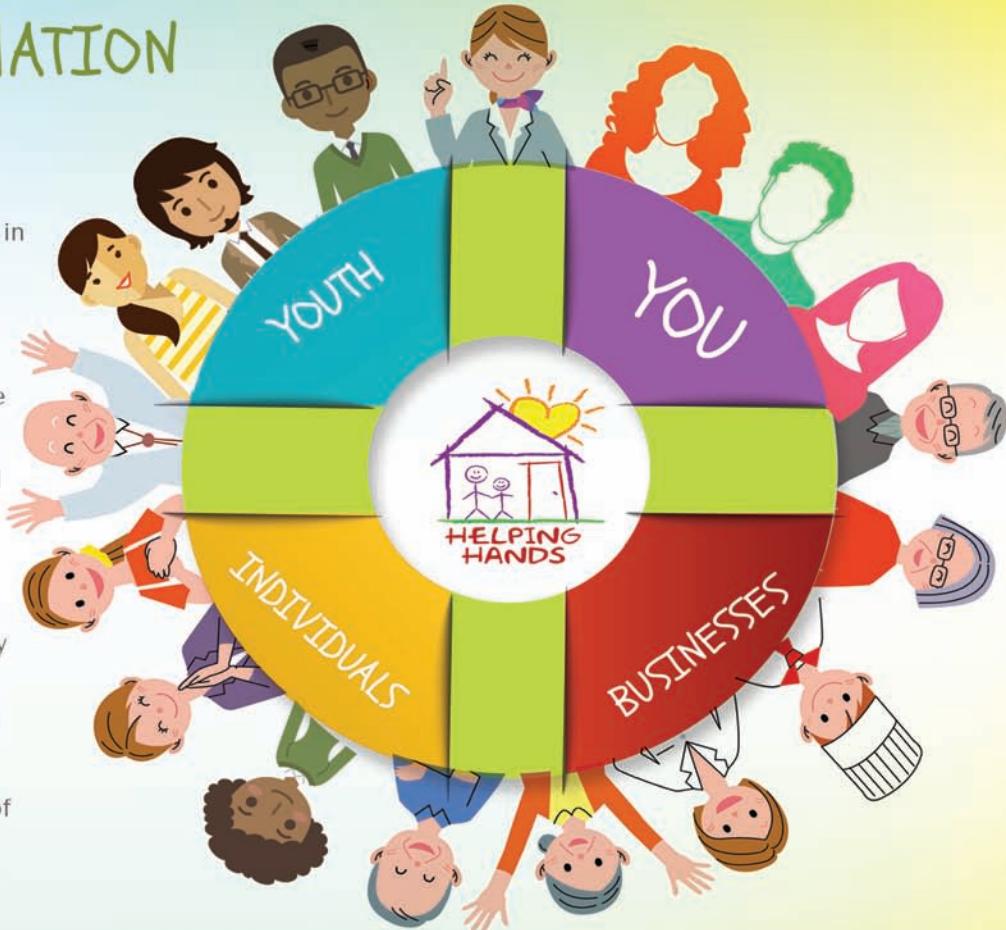
WHEEL OF TRANSFORMATION

Question: What do high schoolers, a retired grandmother, a chef and a global engineering company have in common? Answer: They all believe in shaping brighter futures and choose to be a part of the Helping Hands-led community transformation!

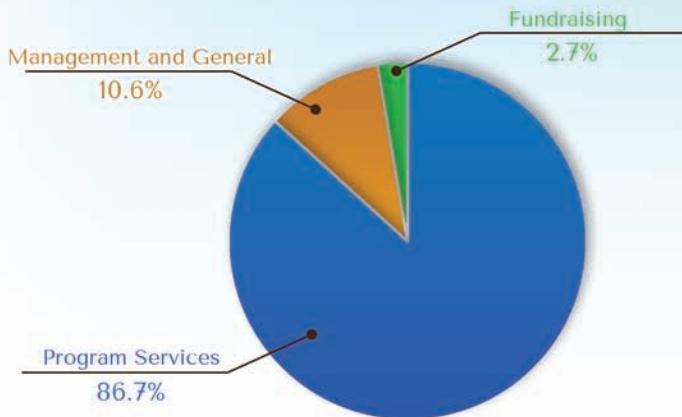
Donating, promoting awareness and volunteering are three reasons our programs flourish. People of all ages and backgrounds give us time, gifts, goods and other services daily through life-skills classes, cash donations and volunteerism. Groups like Junior Leadership of Aiken County, businesses like CH2M and Energy Solutions and individuals like Mrs. Peggy Thome and Chef Brandon Velie work together to make our agency the best it can be. Last year, these folks and others (672 to be exact) donated 3,048 service hours to us. The opportunities to be a part of our ongoing changes are endless!

Join our wheel of transformation today!

Call us to volunteer: (803) 648-3456!



Expenses by Category



Income by Category



CHANGE IN CURRENCY

Expenses:

- Spent \$65,509.65 on groceries
 - Provided three meals and snacks per day, per resident

Profits:

- Raised over \$17,500 at 12th Annual A Chef's Extravaganza
 - 41% increase of net proceeds from 2014
- Reached 100% of Summer Blast Campaign goal of \$2,709
 - Met goal in 6 weeks and 1 day
- Raised over \$12,000 at 21st Triple Crown Golf Classic
 - Benefiting Helping Hands and Tri-Development Center
- Awarded \$485,479 by the SC Department of Public Safety Victims of Crime Act Grant
- Met 83.5% of our United Way of Aiken staff campaign goal

Revenue vs. Expense:

- Revenue was: \$1,502,119
- Expense was: \$1,489,992

REVISING THE FACTS

Residential Services

Provide 24-hour residential care and services

Our children are placed through the SC Department of Social Services

An average of 86 days of care were provided

46,851 miles were driven by the agency

Aiken Youth Empowerment had 1,200 participants

Community Outreach and Awareness

171 children from 19 different South Carolina counties were cared for

Total days of care: 14,778 days

46% of the residents were female and 54% were male

23 residents were between the ages of 0-5

50 residents were between the ages of 6-12

98 residents were 13 years+



122 girls participated in Girls Circle

119 boys participated in Boys Council

122 youth experienced the Real Care Infant Simulators

817 youth participated in single-session presentations

15 DJJ-involved youth learned about healthy choices

120 adults were educated through the Parent Power program

29% increase of online newsletter followers

HH Website had 10,853 unique visitors

aiken youth
EMPOWERMENT™
a program of Helping Hands

AYE Website had 4,108 unique visitors

Data is compiled from 2015

MODIFYING EDUCATION

Teaching reproductive health can be sensitive, but our educators are always up for a challenge! Thanks to the five-year grant and a partnership with the SC Campaign to Prevent Teen Pregnancy to implement the "Expanding the Reach" initiative, Aiken Youth Empowerment has teamed up with local middle and high schools to teach two age-appropriate, Evidenced-based Teen Pregnancy Prevention programs.



Depending on the students' ages, topics covered will include abstinence, preventing sexually transmitted infections and/or correct use of contraception. The programs are called "Nu-CULTURE" and "Making Proud Choices!" and will be delivered to middle schools and ninth graders, respectively.

AYE is coaching educators and health professionals in the school district to show them best practices when teaching the topics covered.

"We believe whole-heartedly that it [Expanding the Reach] will have a huge impact on the issue of teen pregnancy in Aiken County," explained CEO Carmen Landy.

For more information about "Expanding the Reach," visit [www.teenpregnancysc.org!](http://www.teenpregnancysc.org/)

Help us #EducateOurCommunity and contact Director of Community Programming Kandace Cave at (803) 648-3456 today!

REVAMPING THE NORM

Staying ahead of the curve is part of Helping Hands' culture. Thanks to an almost \$400K federal grant from the SC Department of Public Safety Highway Safety and Justice Programs and a collaboration of other community investors, we have created and expanded staff positions and funded many agency projects.

The most reassuring addition is probably the creation of the child advocate positions. Four advocates are now charged with the goal of better meeting the needs of our youth. Providing individualized care is vital since our children have varying needs due to the trauma they have endured.

These child advocates are assigned to 12 cases maximum, whereas historically-speaking, Helping Hands only had two coordinators to care for up to 58 residents.

The old 'norm' "far exceeded the recommendation of the Child Welfare League of America of 12-15 cases per case manager," explained CEO Carmen Landy, therefore a need was seen and a need was met.

Find out more about our residential programs and services here: www.helpinghandsaiken.org!





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14th Annual A Chef's Extravaganza
Friday, November 10, 2017
Woodside Plantation Country Club
Aiken, South Carolina